**Appendix A. Mental health resources currently available to Georgia Tech students**

**State and National Resources**

There are various national and local hotlines that students can call in crisis as well as a text service and online chat. There are also several websites that offer support to individuals.

* National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
* Crisis Text: 741-741
* [www.crisischat.org](http://www.crisischat.org/) (national chat network providing online support)
* National Hopeline Network: 1-800-784-2433
* Georgia Crisis & Access Line: 1-800-715-4225
* Trans Lifeline: 877-565-8860
* Trevor Lifeline (LGBTQIA community): 866-488-7386, [www.thetrevorproject.org](http://www.thetrevorproject.org/)
* Grady Rape Crisis Center: 404-616-4861
* [www.halfofus.com](http://www.halfofus.com/)
* [www.jedfoundation.org](http://www.jedfoundation.org/)

**Georgia Tech Campus Resources**

Georgia Tech provides a number of resources for its students. Some key resources are listed below, divided into those that specifically help with mental health concerns and those that are more general.

**Mental Health-Specific**

Counseling Center

Hours: Monday-Friday, 8 a.m.-5 p.m.

Location: Smithgall Student Services, Suite 238

Phone: 404-894-2575

After Hours: 24/7 on-call counselor – 404-894-2204

The counseling center offers free and confidential services. Appointments can be made by phone or in person, with emergency consultation and an after-hours, on-call counselor available. Individual, group, and couples counseling is available for enrolled Georgia Tech students currently on campus for a range of concerns. This includes support groups (social anxiety, grief and loss, women, men, queer, etc.). They also run workshops (Community Workshops: Stress Management Series, and Client Workshops: Life Skills) and carry out assessments (Attention Deficit-Hyperactivity Disorder [ADHD] and Learning Disorder [LD]). The Counseling Center will also help connect students with off-campus resources.

The Counseling Center also runs several initiatives such as:

* Tech Ends Suicide Together Initiative <http://endsuicide.gatech.edu>

QPR Trainings (Question Persuade Refer). A Suicide Prevention Gatekeeper Training, where attendees learn how to recognize the warning signs of suicide, offer hope, and help save lives. Individuals can register for campus trainings, and groups can request trainings.

* Peer Coaching

Trained students serve as a mental health resource for fellow students by providing support, education, and tools to thrive at Georgia Tech. Coaches develop increased self-awareness, strong communication and collaboration skills, and are equipped to navigate mental health conversations in a personal and private setting with peers from diverse backgrounds. Students are able to fill out an online form to connect with a peer coach and then arrange to meet with them at a time and place that suits both students.

Stamps Student Health Center/Psychiatry Clinic

Medical Clinic Hours: Mon.-Wed., 8 a.m.-5 p.m.; Thurs., 9 a.m.-5 p.m.; Fri., 8 a.m.-5 p.m.

Online Reservations

Phone: 404-894-2584

Location: 275 Fifth Street NW (beside CRC)

Stamps Health Center is staffed by licensed physicians, registered nurses, medical and X-ray technologists, health educators, and pharmacists.

Stamps Psychiatry Clinic:

Psychiatry is located within the Stamps Health Center. To make an appointment, students can call 404-894-2585. Psychiatry can prescribe medication to students once they are in therapy (six visits a year). Care coordinators will help refer students off campus to find therapy and other services as needed.

Office of the Dean of Students

Location: Smithgall Student Services Building

Phone: 404-894-6367

Petition to the Faculty: <http://www.registrar.gatech.edu/students/formlanding/pettofac.php> Students can use this form to withdraw from all or a single class past the deadline, etc. Various guidelines are available on the website.

Referral form: [https://referral.studentlife.gatech.edu](https://referral.studentlife.gatech.edu/) Faculty, staff, students, and parents may use the form to express a concern they may have for a student.

**Other Resources**

Health Initiatives

Health Initiatives is a department within Health & Well-Being that houses Health Promotions and Health Behaviors.

Health Promotions

Hours: Mon.-Wed., Fri. 8 a.m.-5 p.m.; Thurs. 9 a.m.-5 p.m.

Phone: 404-894-9980

Location: Stamps Health Services, 2nd Floor

Health Promotions provides information and help in all the following areas: nutrition, alcohol and other drug use, tobacco cessation, fitness, sexuality issues, sexual assault resources, and more. Health Promotions has a dietician on staff that students can meet with for just $5.

VOICE

During business hours: 404-385-4464 or 404-385-4451

After Hours: 24/7 on-call VOICE advocate 404-894-2500

24-Hour Info Line: 404-894-9000

<http://healthinitiatives.gatech.edu/voice>

Victim/Survivor Advocates

These trained individuals can assist with support, resources, and academic accommodations. Confidential Reporting Source

Confidential Reporting Form (CRF)  - ->  for any type of harassment

Campus Police

Location: 879 Hemphill Ave NW, Atlanta, GA 30318

Phone: 404-894-2500

24/7 on-call counselor and 24/7 on-call VOICE advocate. Call GTPD’s dispatcher and ask for either, and you will be connected.

Good Samaritan - If a student is suicidal and intoxicated/under the influence of any drug, call GTPD and neither of you will get in legal trouble for being in that condition.

Request a Crime Prevention Class

Property & Bicycle Registration

Open Records Requests

Broken Down Car Assistance

Self-Defense Classes

Women’s Clinic

Hours: Mon.-Fri., 8 a.m.-4 p.m.

Phone: 404-894-1434

Location: Second floor, Student Health Center

Birth control consultations,routine exams are provided by a women's health nurse practitioner (gynecological exams)**,** STD testing**.** They do provide "morning after" or emergency contraception; this must be done on a walk-in basis either through Women's Clinic or the walk-in system (triage) on the first floor for medical reasons.

LGBTQIA Resource Center

Phone: 404-385-2679

Location: Flag Building, Suite 115A

The LGBTQIA Resource Center runs several programs:

* Q Chats — student discussion groups: men’s group; women’s group; queer people of color group; and trans, gender non-conforming, and gender-questioning group.
* Safe Space Training

Equips students and employees with the knowledge and skills to support a peer who comes out to them and to be effective allies to LGBTQIA communities.

STAR Network

Student Temporary Assistance and Resources

Phone: 404-894-6367

Housing:Temporary housing available to students who become unexpectedly displaced or put under financial stress.

Professional Attire:Students can rent professional attire for free from Campus Closet and just need to pay for dry cleaning fees before returning it.

Food**:** Klemis Kitchen provides on-campus free food for students in need.

Financial Support:Dean Griffin Hip Pocket Fund provides interest-free loans.

The Center for Teaching and Learning (CTL)

Phone: 404-894-4474

Location: Clough Commons

Provides courses for graduate students on teaching, academic writing, presentation skills, oral and written language skills for international students. One-on-one consultations for developing teaching skills and for professional development.

The Language Institute

Phone: 404-894-2425

Helps international students improve their English proficiency.

Office of International Education

Phone: 404-894-7475

Location: Savant Building

International Student & Scholar Services — Assists students who are F-1 and J-1 Visa holders.

Office of Minority Education & Development (OMED)

Phone: 404-894-3959

Location: Chapin Building

Offers a variety of programs to provide academic and social support to minority students.

Office of Disability Services

Phone: 404-894-2563

Location: Flag Building

Ensures equal access to institutional programs and services for students with disabilities.

Helen Naugle Communications Center

Location: Clough 247

Helps students improve writing skills and gives advice regarding class projects, job and graduate school applications, resumes, etc. Tutors include faculty and peers.

Center for Academic Success

Location: Clough Commons

Provides one-on-one tutoring in a range of courses as well as academic coaching.

Academic Grievance Form

Allows students to report an instance where a faculty member is not following academic policy.

<http://www.provost.gatech.edu/academic-grievance-policy>

**Student Mental Health Organizations**

There are already many student organizations actively working within the mental health sphere on campus.

Mental Health Student Coalition

MHSC is a chartered student organization. The MHSC strives for a healthier Georgia Tech by equipping students with the knowledge and the resources to take care of themselves and each other.

Current Projects:

* Annual Summit.
* Working with SGA on revamping united.gatech.edu.
* Working with students from various unreached communities to assess their needs.
* Get mental health resources in campus bathrooms (mirror stickers).

Well-Being Activators

Group of students working with Health & Well-Being to relay information and enhance a culture of health, well-being, and caring.

SGA Wellness Committee

Undergraduate SGA has a committee under the Vice President of Student Life focusing on student wellness.

Wreckless

Wreckless is a chartered student organization. Wreckless provides a safe alternative to the Georgia Tech party scene and aims to raise the school spirit by promoting positive mental health.