Appendix A. Mental health resources currently available to Georgia Tech students

State and National Resources
There are various national and local hotlines that students can call in crisis as well as a text service and online chat. There are also several websites that offer support to individuals.

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis Text: 741-741
- [www.crisischat.org](http://www.crisischat.org) (national chat network providing online support)
- National Hopeline Network: 1-800-784-2433
- Georgia Crisis & Access Line: 1-800-715-4225
- Trans Lifeline: 877-565-8860
- Trevor Lifeline (LGBTQIA community): 866-488-7386, [www.thetrevorproject.org](http://www.thetrevorproject.org)
- Grady Rape Crisis Center: 404-616-4861
- [www.halfofus.com](http://www.halfofus.com)
- [www.jedfoundation.org](http://www.jedfoundation.org)

Georgia Tech Campus Resources
Georgia Tech provides a number of resources for its students. Some key resources are listed below, divided into those that specifically help with mental health concerns and those that are more general.

Mental Health-Specific

Counseling Center
Hours: Monday-Friday, 8 a.m.-5 p.m.
Location: Smithgall Student Services, Suite 238
Phone: 404-894-2575
After Hours: 24/7 on-call counselor – 404-894-2204

The counseling center offers free and confidential services. Appointments can be made by phone or in person, with emergency consultation and an after-hours, on-call counselor available. Individual, group, and couples counseling is available for enrolled Georgia Tech students currently on campus for a range of concerns. This includes support groups (social anxiety, grief and loss, women, men, queer, etc.). They also run workshops (Community Workshops: Stress Management Series, and Client Workshops: Life Skills) and carry out assessments (Attention Deficit-Hyperactivity Disorder [ADHD] and Learning Disorder [LD]). The Counseling Center will also help connect students with off-campus resources.
The Counseling Center also runs several initiatives such as:

- Tech Ends Suicide Together Initiative [http://endsuicide.gatech.edu](http://endsuicide.gatech.edu)
QPR Trainings (Question Persuade Refer). A Suicide Prevention Gatekeeper Training, where attendees learn how to recognize the warning signs of suicide, offer hope, and help save lives. Individuals can register for campus trainings, and groups can request trainings.

- Peer Coaching
  Trained students serve as a mental health resource for fellow students by providing support, education, and tools to thrive at Georgia Tech. Coaches develop increased self-awareness, strong communication and collaboration skills, and are equipped to navigate mental health conversations in a personal and private setting with peers from diverse backgrounds. Students are able to fill out an online form to connect with a peer coach and then arrange to meet with them at a time and place that suits both students.

**Stamps Student Health Center/Psychiatry Clinic**
Medical Clinic Hours: Mon.-Wed., 8 a.m.-5 p.m.; Thurs., 9 a.m.-5 p.m.; Fri., 8 a.m.-5 p.m.
Online Reservations
Phone: 404-894-2584
Location: 275 Fifth Street NW (beside CRC)
Stamps Health Center is staffed by licensed physicians, registered nurses, medical and X-ray technologists, health educators, and pharmacists.
Stamps Psychiatry Clinic:
Psychiatry is located within the Stamps Health Center. To make an appointment, students can call 404-894-2585. Psychiatry can prescribe medication to students once they are in therapy (six visits a year). Care coordinators will help refer students off campus to find therapy and other services as needed.

**Office of the Dean of Students**
Location: Smithgall Student Services Building
Phone: 404-894-6367
Petition to the Faculty: [http://www.registrar.gatech.edu/students/formlanding/pettofac.php](http://www.registrar.gatech.edu/students/formlanding/pettofac.php)
Students can use this form to withdraw from all or a single class past the deadline, etc. Various guidelines are available on the website.
Referral form: [https://referral.studentlife.gatech.edu](https://referral.studentlife.gatech.edu) Faculty, staff, students, and parents may use the form to express a concern they may have for a student.

**Other Resources**
**Health Initiatives**
Health Initiatives is a department within Health & Well-Being that houses Health Promotions and Health Behaviors.
Health Promotions
Hours: Mon.-Wed., Fri. 8 a.m.-5 p.m.; Thurs. 9 a.m.-5 p.m.
Phone: 404-894-9980
Location: Stamps Health Services, 2nd Floor
Health Promotions provides information and help in all the following areas: nutrition, alcohol and other drug use, tobacco cessation, fitness, sexuality issues, sexual assault resources, and more. Health Promotions has a dietician on staff that students can meet with for just $5.

VOICE
During business hours: 404-385-4464 or 404-385-4451
After Hours: 24/7 on-call VOICE advocate 404-894-2500
24-Hour Info Line: 404-894-9000
http://healthinitiatives.gatech.edu/voice

Victim/Survivor Advocates
These trained individuals can assist with support, resources, and academic accommodations.

Confidential Reporting Source
Confidential Reporting Form (CRF) - --> for any type of harassment

Campus Police
Location: 879 Hemphill Ave NW, Atlanta, GA 30318
Phone: 404-894-2500
24/7 on-call counselor and 24/7 on-call VOICE advocate. Call GTPD’s dispatcher and ask for either, and you will be connected.
Good Samaritan - If a student is suicidal and intoxicated/under the influence of any drug, call GTPD and neither of you will get in legal trouble for being in that condition.
Request a Crime Prevention Class
Property & Bicycle Registration
Open Records Requests
Broken Down Car Assistance
Self-Defense Classes

Women’s Clinic
Hours: Mon.-Fri., 8 a.m.-4 p.m.
Phone: 404-894-1434
Location: Second floor, Student Health Center
Birth control consultations, routine exams are provided by a women's health nurse practitioner (gynecological exams), STD testing. They do provide "morning after" or emergency
contraception; this must be done on a walk-in basis either through Women’s Clinic or the walk-in system (triage) on the first floor for medical reasons.

**LGBTQIA Resource Center**  
Phone: 404-385-2679  
Location: Flag Building, Suite 115A  
The LGBTQIA Resource Center runs several programs:  
- **Q Chats** — student discussion groups: men’s group; women’s group; queer people of color group; and trans, gender non-conforming, and gender-questioning group.  
- **Safe Space Training**  
  Equip students and employees with the knowledge and skills to support a peer who comes out to them and to be effective allies to LGBTQIA communities.

**STAR Network**  
Student Temporary Assistance and Resources  
Phone: 404-894-6367  
Housing: Temporary housing available to students who become unexpectedly displaced or put under financial stress.  
Professional Attire: Students can rent professional attire for free from Campus Closet and just need to pay for dry cleaning fees before returning it.  
Food: Klemis Kitchen provides on-campus free food for students in need.  
Financial Support: Dean Griffin Hip Pocket Fund provides interest-free loans.

**The Center for Teaching and Learning (CTL)**  
Phone: 404-894-4474  
Location: Clough Commons  
Provides courses for graduate students on teaching, academic writing, presentation skills, oral and written language skills for international students. One-on-one consultations for developing teaching skills and for professional development.

**The Language Institute**  
Phone: 404-894-2425  
Helps international students improve their English proficiency.

**Office of International Education**  
Phone: 404-894-7475  
Location: Savant Building  
International Student & Scholar Services — Assists students who are F-1 and J-1 Visa holders.
Office of Minority Education & Development (OMED)
Phone: 404-894-3959
Location: Chapin Building
Offers a variety of programs to provide academic and social support to minority students.

Office of Disability Services
Phone: 404-894-2563
Location: Flag Building
Ensures equal access to institutional programs and services for students with disabilities.

Helen Naugle Communications Center
Location: Clough 247
Helps students improve writing skills and gives advice regarding class projects, job and graduate school applications, resumes, etc. Tutors include faculty and peers.

Center for Academic Success
Location: Clough Commons
Provides one-on-one tutoring in a range of courses as well as academic coaching.

Academic Grievance Form
Allows students to report an instance where a faculty member is not following academic policy.
http://www.provost.gatech.edu/academic-grievance-policy

Student Mental Health Organizations
There are already many student organizations actively working within the mental health sphere on campus.

Mental Health Student Coalition
MHSC is a chartered student organization. The MHSC strives for a healthier Georgia Tech by equipping students with the knowledge and the resources to take care of themselves and each other.
Current Projects:
• Annual Summit.
• Working with SGA on revamping united.gatech.edu.
• Working with students from various unreached communities to assess their needs.
• Get mental health resources in campus bathrooms (mirror stickers).
Well-Being Activators
Group of students working with Health & Well-Being to relay information and enhance a culture of health, well-being, and caring.

SGA Wellness Committee
Undergraduate SGA has a committee under the Vice President of Student Life focusing on student wellness.

Wreckless
Wreckless is a chartered student organization. Wreckless provides a safe alternative to the Georgia Tech party scene and aims to raise the school spirit by promoting positive mental health.